

## **E. EARLY CARE OF THE MOTHER**

### **MODULE 7**

The first few days after your baby's birth are filled with excitement adjustments, and questions. In New Brunswick, a public health nurse will visit you at the hospital or will call you at home. You may be eligible for the Early Childhood Initiatives Program.



After you return home, you can continue to get information and support by contacting your Public Health Office, Telecare at 1-800-244-8353, or the hospital where you gave birth.