4. Other Signs

MODULE 4

There are other signs to indicate if the baby is drinking enough milk. Observe the following clues:

- Your baby has a loud cry and moves a lot.
- Your baby's mouth is wet and pink.
- Your baby's eyes look bright and awake.
- Your baby comes off the breast looking relaxed and sleepy.
- Your breasts feel softer and less full after breastfeeding.

Ask for help immediately if your baby does not seem to be breastfeeding well.