

# 1. The Baby's Suckling

## MODULE 4

At the beginning of the feeding, your baby's suckling will be shallow and quick. Once the milk begins to flow, the baby's suckling should become **deep** and **slow**. At one point there should be a pause and the baby should open its mouth wide. This is when the mouth fills with milk. The longer this pause, the more milk the baby gets.

You may :

- Feel some initial pain for the first few sucks which should go away. If it continues, the baby may not be latched or positioned well. Ensure to receive professional help to assist to correctly breastfeed your baby.
- Hear the baby swallow.

The next video shows a baby breastfeeding well.

