

# INTRODUCTION

## MODULE 8

Welcome home and welcome to parenthood!

After a few days at the hospital, you may be looking forward to going home and beginning your life as a family.

On the other hand, many new parents feel quite worried about looking after their baby on their own. A newborn seems so small and fragile. You may wonder how you will manage.



This unit will cover the first six weeks of your baby's life. We will talk about the care required by you for your new baby and also about getting used to your life as a family.