

a. What Babies See

MODULE 8

Newborns can see light and dark, shapes, and patterns. They can focus and clearly see things that are 18 to 45 cm (7 to 18 inches) away. When you hold your baby in your arms, this is about the distance between his/her face and yours.



During the first few months, you may notice that your baby's eyes wander or cross once in a while. Many babies experience this until they are better able to control their eye muscles.

If you are worried about your baby's eyes, talk to your health care provider or a public health nurse.