

4. Vaginal Birth after a Cesarean

MODULE 7

What about the next time?

If you had a cesarean birth, you may still be able to have a vaginal birth with future babies.

A vaginal birth after a cesarean is usually considered if

- your next pregnancy is uncomplicated.
- the incision runs from side to side rather than up and down.
- you are carrying only one baby.
- the reason for the previous cesarean doesn't happen again.



Even though a vaginal delivery after a cesarean is safe, there may be a small chance that the uterus could tear along the old incision during labour. Talk with your health care provider if you would like more information about a vaginal birth after a caesarean.