

a. The Emotions of a Father Facing Delivery

MODULE 3

This is what you may feel immediately before the delivery.

- You are excited about the baby finally arriving.
- You are worried about not arriving at the hospital on time. You worry that something will go wrong for your partner or your baby.
- You are overwhelmed by the course of events.
- You are not sure of what is happening or what you should do.
- You hope you will be able to alleviate your partner's pain.
- You feel ready for this experience.

