

m. Stretch Marks

MODULE 2

Causes

Reddish or mauvish marks can appear on the breasts, belly, thighs, or buttocks. These marks are caused by the stretching of the elastic skin tissues and by the changes in hormones. These changes may also cause itchiness. With time the red marks will change color and become more silver. Not all women get stretch marks.



What can I do?

- If you are itchy, rub your skin with an oil or unscented lotion.
- Specialty creams and lotions will not make these marks disappear.