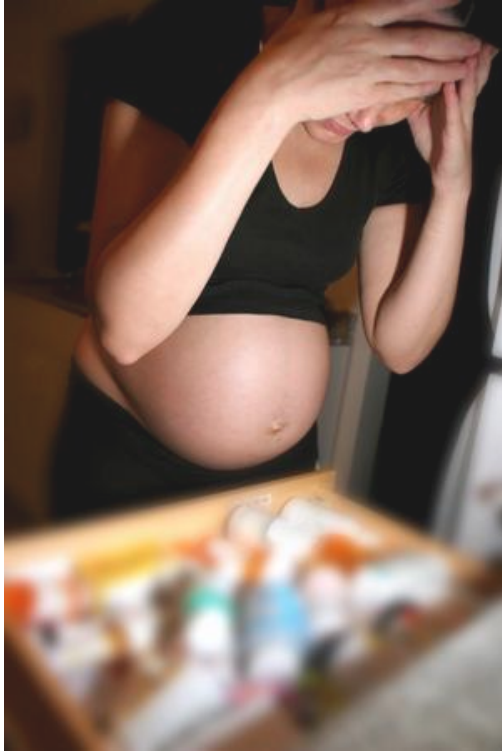


g. Drugs

MODULE 1





If you take drugs such as marijuana, cocaine, heroin, or speed, your baby also takes these drugs. All drugs affect your baby who could develop a dependency to these drugs. **Drugs are dangerous for you and your baby.**




When a woman smokes, drinks, or takes drugs, the baby is subjected to the same effects.

If you take drugs, you may need help to stop. For your health and the health of your baby call a support service agency for help. You can contact a local addiction service or ask your health care provider or a public health nurse about the programs available in your area.

Here is a list of the most common drugs. You may consult this table to find out more about the risks these drugs represent for your baby during pregnancy.

| RISKS AND RECOMMENDATIONS ASSOCIATED WITH THE USAGE OF DRUGS | | |
|---|---|---|
| Name of drug | Risks for the fetus | Recommendations |
| Amphetamines (speed) | | |
|  | Increases the risk of miscarriage, premature delivery, or insufficient weight at birth. | DO NOT USE. Consult your health care provider or the addiction services in your area immediately if you are a user. |
| Cannabis (marijuana, hashish) | | |
|  | The baby may not develop normally, be smaller than normal at birth, and have dependency or withdrawal problems later. | DO NOT USE. Talk to your health care provider or someone at the addiction services in your area if you need help to stop usage. |
| Concaine, crack | | |
|  | Risk of miscarriage and premature delivery. The baby may not develop normally. | DO NOT USE. Consult your health care provider or the addiction services in your area immediately if you are a user. |
| Solvents and Inhalants (ex: glue, gas, nitrous oxide) | | |
|  | Risk of premature labour and delivery. May also cause behaviour and memory problems. | DO NOT USE. Consult your health care provider or the addiction service in your area immediately if you are a user. |
| Opiates such as heroine and prescription drugs obtained illegally (ex: percocet, Talwin, Darvon) | | |

| | | |
|---|--|---|
|  | <p>Risk of miscarriage, premature delivery, and complications at birth. The baby may suffer from respiratory problems or withdrawal symptoms and mental and physical development delays.</p> | <p>DO NOT USE. Consult your health care provider or the addiction services in your area immediately if you are a user. NOTE: Using non sterile needles to take drugs increase the risk that the mother and baby may be HIV (AIDS) virus.</p> |
|---|--|---|