

A. BREASTFEEDING - NOTHING COMPARES!

MODULE 4

Being successful and happy with breastfeeding depends on the confidence you have in your capacity to breastfeed. Even though breastfeeding is "natural", learning to breastfeed is a step by step process for both mom and baby, and can be challenging. The first six weeks are when most learning takes place. Breastfeeding becomes easier with time.

