

# Test Your Knowledge

## MODULE 8

The following exercise will help you learn a little more about the care of your baby's umbilical cord.

**Select the option that matches the correct answer and validate your answer on the next page.**

**1. You can bathe your baby even though the umbilical cord has not fallen off.**

- ☐ a) True
- ☐ b) False

**2. You must use alcohol to clean your baby's umbilical cord.**

- ☐ a) True
- ☐ b) False

**3. It is important to keep the skin around the cord as clean and dry as possible.**

- ☐ a) True
- ☐ b) False

**4. The area around the umbilical cord is sensitive for the baby.**

- ☐ a) True
- ☐ b) False

The answers are:

- 1. a) True.** It is not dangerous to bathe your baby before the umbilical cord falls off. You must, however, dry the area around the cord. This will not prevent the cord from falling off.
- 2. b) False.** Before, parents were told to use alcohol to clean the baby's umbilical cord two or three times per day. This is not necessary.
- 3. a) True.** Do not cover the baby's belly button with a diaper until the cord falls off. This will allow air to circulate around the umbilical cord and keep it dry. Fold the top of the diaper down.
- 4. b) False.** You will not hurt your baby if you move the cord or clean the area around it.