g. Going Back to Work

MODULE 8

Many new mothers have anywhere from 6 to 12 months of maternity leave. Others return to work or to school much sooner. There is a lot to think about before returning to work or school.

When making your plans for returning to work or school, you should consider the following.



There is no "best" time to return to work or to school. Every situation is different for each family. You must find a balance between work or studies and your new role as a parent.

