

## **b. Medications**

### MODULE 4

Most medications are safe while breastfeeding and most do enter into the breastmilk in small amounts. Very few medications the baby is exposed to in the breastmilk have caused side effects. Risks of not breastfeeding the baby are often higher than the risk of the mom taking the medication while breastfeeding. Important to ensure when a health care provider is prescribing medications to the breastfeeding mother, that they are aware she is breastfeeding.



Further information can be found at:

Organization of Teratology Information Specialists (OTIS): 1-866-626-6847 [www.otispregnancy.org](http://www.otispregnancy.org)

Dr Jack Newman's website: [www.nbci.ca](http://www.nbci.ca)