

INTRODUCTION

MODULE 3

The father's role during pregnancy is not limited to satisfying his partner's desires or rushing her to the hospital for the delivery. If your partner is expecting a child, so are you. Pregnancy is not only a woman's affair.



The future dad goes through a range of sometimes contradictory emotions. One day he is happy and proud, the next he is overwhelmed by the event and even sometimes feels powerless when facing all these changes. The father's feelings change as the baby's birth approaches.

All these emotions are normal. All dads experience their partner's pregnancy differently. It is important that you learn all you can about pregnancy in order to be better prepared for the great adventure of fatherhood.